

Comprehensive Dental Care

From ZOOM whitening to implants, a complete range of dental solutions awaits patients in this cozy, relaxing office.

“Most people want to look their best,” observes Alan N. Rembos, DDS, “and when we meet someone, their first impression of us is formed quickly. A significant part of that impression is based on our smile. “As important as appearance may be, however, another equally good reason to value an attractive smile is that it also signifies a healthy smile.”

Dr. Rembos’s practice is always focused on ensuring that patients both look and feel better about their oral health. *Gulfshore Life Magazine* recently interviewed Dr. Rembos for his opinion on current treatments in dentistry.

“We perform both functional and high-end cosmetic work in the most relaxing environment we can,” he explains. “We refer to much of what we do as *smile design*, or smile improvement. We can change the color and shape of the teeth while restoring sound functional oral health conditions designed to last a lifetime.”

Functionality is important both to dentists and to their patients, notes the doctor.

“Some don’t like the color of their teeth, or they come in with rotated or chipped teeth but don’t necessarily want to go through years of orthodontics. Every patient is provided a comprehensive examination and treatment plan best suited to his or her individual needs.”

ZOOM to whiter teeth

Advances in cosmetic dentistry have led to the development of several techniques for brightening smiles, and in-office whitening is one of the easiest, notes Dr. Rembos.

“Although there is no way to predict who will respond most favorably to whitening,” he explains, “after each patient’s initial consultation we arrive at a program to achieve the best results for them, including the option of whitening if they desire it.”

One of the most popular in-office systems is called *ZOOM 2*, which has often been featured on the television show *Extreme Makeover*. “It is the latest generation of the *ZOOM* system,” says Dr. Rembos, “which I believe to be the most state-of-the-art whitening system available in the country. The system uses a light to activate its whitening agent and provides an excellent result.”

Dr. Rembos explains that tooth enamel is porous and collects debris from foods and beverages. *ZOOM 2* works by flooding the microscopic irregularities on the surfaces of the teeth with a concentrated whitening solution.

“While the patient rests comfortably

with headphones and a pillow headrest, the whitening gel is applied, the light is activated, and the procedure begins,” explains Dr. Rembos. “The entire process lasts about an hour from start to finish.

“We also offer our patients a take-home system that does not require any impressions at all. After a cleaning, patients can select this powerful whitening system to achieve a whiter smile in one

teeth are more heavily stained may experience more dramatic results than those whose teeth are lighter from the start.

“Patients have often heard that teeth darkened by the use of some medications cannot be lightened,” Dr. Rembos observes. “However, if patients are willing to spend the additional time to lighten heavily darkened teeth, they, too, can achieve brighter smiles.”



FILE PHOTO

Implants for missing teeth

With more than 20 years of experience, Dr. Rembos is aware of every technique available to his patients. One important development over the years has been the widespread availability of dental implants for patients with one or more missing teeth.

“When natural teeth are not present,” says Dr. Rembos, “the jawbone fails to deliver necessary nutrients to support bone and gum health. Gum tissue and bone mass diminish, affecting the fullness of the face and the line of the jaw. Implants, constructed of a strong, lightweight, biocompatible metal called *titanium*, bond with the jawbone and fool it into thinking natural tooth roots are present.

“The process is more restorative driven than in the past,” says Dr. Rembos. “It’s important to place the implants where they will support the teeth properly. I design what will be the final restoration.”

Patients are very happy that Dr. Rembos both places and restores implants at his office.

week’s time. This professional-strength whitening product is similar in cost to over-the-counter systems yet is often more effective in putting the white back in a patient’s smile.

“The solution doesn’t damage the tooth enamel,” the doctor assures, “but it really gets into those tiny spaces and cleans out the discolorations that have accumulated over the years.”

Dr. Rembos notes that very few patients experience sensitivity after exposure to the whitening agent, now that the new system addresses this concern with its new solution.

Dr. Rembos also explains that although many patients feel their results are dramatic, individual results vary, as programs are tailored for each patient’s individual needs. Some patients’ teeth darken with time from simple staining, whereas others have additional discolorations as a result of illness or the use of certain medications. Stains respond more easily to whitening than do medically induced discolorations. Patients whose

The implant process is accomplished in a predictable and extremely comfortable manner. Patients often comment about just how pain free the process is.

Convenience, quality care

Many dental practices are so overburdened that when patients call for an appointment, most new patients or those with dental emergencies can’t be seen for several weeks. But Dr. Rembos makes sure that doesn’t happen in his practice.

“We pride ourselves on accommodating emergencies as well as our regular patients for quality dental care,” he assures. “New patients can typically be seen within a day or two. Early treatment can often prevent unnecessary pain and additional costs.”

In addition to the wide range of cosmetic, restorative, and general dental services, Dr. Rembos offers patients a state-of-the-art way to feel relaxed and comfortable during their dental procedures. The office always keeps current by using computerized anesthesia and high-tech lasers and continues to remain on the leading edge by constantly upgrading equipment.

“We provide a computerized anesthetic delivery system called the *WAND*. Patients love it, and we offer it for all our procedures. The system senses the pressure in the tissue to allow for more comfortable injections, and it provides comfort both during and after the treatment. Consequently, patients don’t experience the tenderness and soreness associated with conventional injections.

“Patients often remark that dentistry has come a long way and that it is not how it used to be. That’s when we know we are doing things right.”

Dr. Rembos even provides additional creature comforts for patients, such as stereo headsets and head pillows to support the head and neck.

“We always use an intraoral wireless camera to show patients what’s going on in the mouth on a large screen,” he adds, “and we offer panoramic x-ray machines, which take a picture of the entire mouth and jawbone in 20 seconds without having to place multiple films in the mouth. Our patients love these features.

“Our philosophy is to treat patients the way we would like to be treated and we can never go wrong.”

FHCN—Michael J. Sabno

Dazzle them ... every time you smile!

Dr. Rembos welcomes calls regarding this article. His practice offers two convenient locations: **12691 New Brittany Blvd.** in Fort Myers, phone (239) 274-9797; and **2323 Wooster Ln.** in Sanibel, phone (239) 472-4445.



Alan N. Rembos, D.D.S.



• Cofounder, Midwest Academy of Laser Dentistry
• Implant dentistry fellowship, ICO

Alan N. Rembos, DDS

• DDS, Northwestern University Dental School
• Mastership status in laser dentistry
• Bachelor of science, University of Illinois at Urbana-Champaign

Memberships past and present

• American Dental Association
• Florida Dental Association
• American Academy of Cosmetic Dentistry
• Academy of Laser Dentistry
• American Academy of Implant Dentistry
• American Academy of Oral & Maxillofacial Surgery
• American Academy of Periodontal Disease
• International Congress of Oral Implantologists

Visit Dr. Rembos on the Web at www.smilesbyrembos.com.