

A Pleasant Journey

A nice appearance and well-functioning teeth are important at any age, and when meeting those goals are an enjoyable experience, it is all the better.

Lelia Dean says that up to five years ago she had never needed any major dental work.

“So when I had a bridge put in the upper front of my mouth, I

walked into his office,” recalls Lelia. “He is quiet and easygoing — so gentleman-like. And I also enjoyed his office staff. They were all so pleasant and cheerful.

“It was just a nice place to be.”

tooth. Typically, if force is applied to it, for instance by biting down into something hard, it will cause the bond to break and the patient is back to where she or he started. Some bonds may last two months whereas others may

or to choose pictures of others that illustrate how they want their teeth to be designed,” notes Dr. Cadle. “Once we know what the patient wants, all it takes is some artistic attention to be able to reproduce it. We study the photographs and determine the different points that will be critical in its design, such as where the edge of the teeth end, any rotation, and the shape of the teeth. We take note if the teeth are rounded or square, long or short, and any other notable aspects and dimensions.

“For our patients who cannot decide how they want their smiles to look, we use photo imaging to enable them to know

“We use the second set of models to do a mock wax-up of what the finished product will look like. That provides us with a definitive representation, enabling us to verify that we have enough room to work with, where the tooth position is going to be, and what its completed look will be.”

Such detailed planning is one of the most important aspects of successful smile design.

“Once patients try on the temporaries, they have a chance to see how the restorations will look.”

“It was rather a pleasant journey,” reflects Lelia. “Dr. Cadle takes his time. He doesn’t get upset. He is just gentle and nice. It went really well.

“Once the temporary bridge was ready, he placed it in my mouth and held up a mirror. He wanted me to be completely satisfied before I made my decision for him to proceed.”

The results

“I think my new teeth are beautiful,” says Lelia. “I had Dr. Cadle complete the final bridge, and I’m just so happy and pleased



PHOTO COURTESY OF DR. CADLE

Lelia is so pleased with her new bridge she says she regrets not having it done years ago.

didn’t really know what to expect,” says the 95 year old. “At the time the dentist didn’t place temporaries, so I didn’t have a chance to see if it would look okay. Then once it was in, I was dissatisfied — but it worked and I was never one to spend money on fixing something unless it was broken.”

However, during the Christmas season of 2006, Lelia’s three-unit bridge fractured.

“I was eating, and I broke one of the teeth right in two,” she remembers, “so I began reading the papers looking for a dentist who would be fair, nice, pleasant, and gentle. After reading about the experience of other patients, I decided to schedule an appointment with Dr. Cadle.”

Donald I. Cadle, Jr., DMD, is a cosmetic and restorative dentist in New Port Richey.

“I was very much impressed with him from the moment I

Following Lelia’s examination, Dr. Cadle presented her with two options.

“Lelia said that she had never been happy with her bridge,” recounts Dr. Cadle. “She noted that the teeth were protruding and the edges were flared. She just wasn’t pleased.

“I told her that we could repair the bridge with bonding but that repairing the bridge would not change its appearance. The restored teeth were already a certain size and shape.

“I also explained that the repairs of a bridge are not going to be as long lasting as a new bridge would be. A bonded repair on a bridge depends on the strength of the bond between the composite, or bonding material, and the porcelain of the restoration. It is simply not as strong as the bond that forms between composite material and a natural

last a few years, but it is difficult to predict how long the bonding will hold. The fact that the tooth broke in the first place indicates that it will probably break again because there was a reason for the fracture in the first place.”

“Of course a new bridge was going to be more expensive,” observes Lelia, “so Dr. Cadle gave me time to go home and think about my decision. I actually took my age into consideration, but I didn’t want to spend really good money for results I knew I wouldn’t be satisfied with, so I made the decision to start all over with a new bridge.”

The process

Lelia brought in some photographs showing how her natural teeth looked before the original bridge was placed.

“We encourage our patients to bring in photographs of themselves

Donald I. Cadle, Jr., DMD

ahead of time what they are going to look like,” describes Dr. Cadle. “We take several digital photographs, striving for a very natural, relaxed smile.

“Once we are satisfied with the image, we download it into the computer, and from there we can actually draw in different choices of what the teeth will look like with restoration.”

After the design has been determined, Dr. Cadle takes the appropriate bite records and preliminary impressions for the diagnostic models so he can study each case on an individual basis. “We usually take two sets of impressions of both the top and bottom teeth,” informs the doctor, “and we do bite records so that we can put those onto an articulator that simulates the movement of the mouth. That gives us the preliminary position of the teeth.

with it. I just regret that I spent all those years with those old teeth I did not care for at all.”

“I am especially conservative with my older patients,” confides Dr. Cadle. “I want to offer them whatever options are available, but I also feel it is very important that, no matter what age they are, we respect their right to a healthy self-esteem. People at every age want to feel good about themselves, and a nice appearance usually helps realize that goal.”

For Lelia, that meant enriching her beautiful smile.

FHCN—Kris Kline

Here for you

Dr. Cadle and his staff welcome calls and questions regarding any aspects of cosmetic or general dentistry. For further information, call (727) 842-6052. His office is located at 5823 Main St. in New Port Richey.

Donald I. Cadle, Jr., DMD, earned his dental degree at the University of Louisville School of Dentistry. Dr. Cadle has been practicing in New Port Richey since 1972 and is actively involved in several professional organizations, including the American Dental Association, Florida Dental Association, West Coast District Dental Association, and West Pasco Dental Association. In addition to accepting positions of leadership and receiving numerous professional awards, Dr. Cadle has presented seminars on a wide range of subjects including dental ethics. In addition, he is currently a member of the Florida Academy of Dental Practice Administration and American Academy of Cosmetic Dentistry. He is a fellow of the American College of Dentists, International College of Dentists, and Pierre Fauchard Academy. He is a charter member of the New Port Richey Community Cooperative and member of the West Pasco Chamber of Commerce and Rotary Club of New Port Richey.

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